

Support Groups

WINTER 2017/18

Bereavement Support Groups

Unless otherwise noted, our support groups are open to anyone who has had a loved one die. Groups are subject to change. *Please call to verify time and location.*

Adult Support Groups

Circle of Hope

SERIES An educational support group for adults who have had a loved one die. *Please call the facilitator listed below for more information. Registration is required no later than a week prior to start date.*

Ashtabula Office (5 Week Series)
Wednesdays, January 3-January 31, 10-11:30 a.m.
Register by December 29
☎ Susan Hamme 440.596.3582

Lakeshore Campus
Mondays, January 22-February 26, 1-2:30 p.m.
☎ Tensie Holland 216.383.3741

The Robertson Bereavement Center
Tuesdays, February 20-March 27, 6:30-8 p.m.
☎ JoDee Coulter 330.662.4240

Mentor Office
Tuesdays, January 16-February 20, 1-2 p.m.
☎ Lisa Florjancic 440.853.5365

West Campus
Mondays, January 15-February 19, 6:30-8 p.m.
☎ Judy Beckman 440.414.1731

Circle of Hope

Art Therapy Edition

SERIES Six-week art and educational support group for adults who have had a loved one die.

The Elisabeth Severance Prentiss Bereavement Center Art Therapy Studio

Wednesdays, January 10-February 14, 10 a.m.-Noon
☎ Mollie Borgione 216.486.6544 or mborgione@hospicewr.org



Circle of Hope:
Art Therapy
Edition

Hope & Healing

MONTHLY An on-going monthly support group for grieving adults. *Registration is not required. Please call facilitator for more information.*

Lakeshore Campus
Third Monday of the month, 6-7:30 p.m.
☎ April Ratcliffe 216.383.3782

The Robertson Bereavement Center
Second Tuesday of the month, 3-4 p.m.
☎ Theresa Suing 330.241.6282

Mentor Office
First Tuesday of the month, 10-11 a.m.
☎ Lisa Florjancic 440.853.5365

Parent Loss

MONTHLY For adults adjusting to life after the death of one or both parents.

West Campus
Second Tuesday of the month, 6:30-8 p.m.
☎ Judy Beckman 440.414.1731

Parents Together

MONTHLY For parents who have experienced the death of an adult child.

Warrensville Heights Office
Second Thursday of the month, 2:30-4 p.m.
☎ Karen Kincaid 216.486.6973

Hopeful Hearts

MONTHLY For anyone age 60 and over who has experienced the death of someone special in the past two years.

Avon Lake
Holy Spirit Parish Center
410 Lear Road, Avon Lake
Fourth Tuesday of the month, 1-2:30 p.m.
☎ Chemarra Bryant 440.414.1737

New Beginnings

MONTHLY For adults in middle life who have experienced the death of a spouse, partner or significant other.

West Campus
Second Wednesday of the month, 6:30-8 p.m.
☎ Chemarra Bryant 440.414.1737

Winter Escape: Coloring for Comfort

SPECIAL Come join us and learn about the benefits of adult coloring as you move through the grieving process. *Materials will be provided.*

The Elisabeth Severance Prentiss Bereavement Center
Thursday, February 8, 6-7:30 p.m.
RSVP by February 1
☎ Tensie Holland 216.383.3741

Winter Escape:
Coloring for Comfort





**THE ELISABETH SEVERANCE
PRENTISS BEREAVEMENT CENTER**
300 East 185th Street
Cleveland, OH 44119-1330
216.486.6838

**THE ROBERTSON
BEREAVEMENT CENTER**
5075 Windfall Road
Medina, OH 44256
330.725.1900

AMES FAMILY HOSPICE HOUSE
30080 Hospice Way
Westlake, OH 44145-1077
440.414.7349 or 835.281.5727

ASHTABULA OFFICE
1166 Lake Avenue
Ashtabula, OH 44004-2930
440.997.6619

**DAVID SIMPSON HOSPICE HOUSE
AND LAKESHORE CAMPUS**
300 East 185th Street
Cleveland, OH 44119-1330
216.383.2222 or 800.707.8922

HEADQUARTERS
17876 St. Clair Avenue
Cleveland, OH 44110
216.383.2222 or 800.707.8922

LORAIN COUNTY OFFICE
2173 N. Ridge Road E., Suite H
Lorain, OH 44055-3400
440.787.2080

MENTOR OFFICE
5786 Heisley Road
Mentor, OH 44060-1830
440.951.8692

HMC HOSPICE OF MEDINA COUNTY
5075 Windfall Road
Medina, OH 44256
330.722.4771

WARRENSVILLE HEIGHTS OFFICE
4670 Richmond Road, Suite 200
Warrensville Hts., OH 44128-5978
216.454.0399

WEST CAMPUS
22730 Fairview Center Drive
Fairview Park, OH 44126
216.227.9048

New Journey

MONTHLY For adults of any age who have experienced the death of a spouse, partner or significant other.

Ashtabula
St. Paul's Lutheran Church
89 East Satin Street, Jefferson
First Thursday of the month,
11 a.m.-12:30 p.m.

☎ Susan Hamme 440.596.3582

**The Elisabeth Severance Prentiss
Bereavement Center**
Fourth Thursday of the month, 10-11:30 a.m.
☎ Kathryn Harrison Brown 216.486.6331

Horizons

MONTHLY For adults in late life who have experienced the death of a spouse, partner or significant other.

Mayfield Village Baptist Church
6500 Highland Road, Mayfield
Second Tuesday of the month, 1-2:30 p.m.
☎ Kathryn Harrison Brown 216.486.6331

Lorain County Community College
Spitzer Conference Center, Room 219
1005 North Abbe Road, Elyria
First Friday of the month, 10:30-11:30 a.m.
☎ Laurie Mason 440.787.2099

Women's Workshop

SPECIAL A periodic workshop for women who have lost their partner, significant other or spouse.

Please call for date, time, and location.
☎ Judy Beckman 440.414.1731

Grief 101 (for the newly bereaved)

SPECIAL This one-hour class is for those who have experienced the death of a loved one in the past six months. Learn about signs and symptoms of grief as well as helpful strategies. *Registration is required.*

The Robertson Bereavement Center
Wednesday, February 21, 3-4 p.m.
☎ Theresa Suing 330.241.6282

Warrensville Office
Tuesday, March 13, 6:30-7:30 p.m.
☎ Mary Murphy 216.763.6442

Restoring Hope: When a Loved One Dies From an Overdose

SERIES Five-week group for those adults who have had a loved one die from an overdose death. Registration is required. Registration for spring groups is underway. Please call 216.486.6838 to put your name on the list. Once the group is scheduled you will be automatically enrolled and notified.

Tips for Handling the Holiday

SPECIAL For those who've experienced the death of a loved one and seek advice on how to handle the holidays.

Mentor Office
Tuesday, December 5, 1-2 p.m.
☎ Lisa Florjancic 440.853.5365

Community Activities

Yoga Matters

ON-GOING Give yourself the gift of time and attention. The practice of Yoga helps you tune into yourself and take care of your physical, emotional and spiritual needs. On-going Yoga Class designed for caregivers & bereaved.

Lakeshore Campus
Wednesdays, 5:30-6:45 p.m.
Fee: \$40/month or \$12 Drop-in (sliding scale fee available)
☎ For more information, please call 216.486.6838.

Mother's Day Tea

SAVE THE DATE! For those who have experienced the death of their mother or mother figure, please join us for a Mother's Day Tea where we will honor the memory of those relationships.

**The Elisabeth Severance Prentiss
Bereavement Center**
Saturday, May 5, 1-3 p.m.



KEY

SERIES Registration is required. Please call facilitator listed for more information.

MONTHLY Registration is not required.

SPECIAL Registration may or may not be required. Please call facilitator listed to learn more.



The Light of My Life



Fabric and Feelings



A Paper Blizzard



Kidz Art: Bottle Cap Art

Healing Arts Workshops WINTER 2017/18



Healing Arts Workshops provide grieving people with a creative outlet for their grief and are open to the community. No art experience is necessary. Please call **Mollie Borgione** at 216.486.6544 or email her at mborgione@hospicewr.org to register no later than four days in advance of workshop date. *Suggested \$5 donation for supplies.*

Holiday Family Night: A Paper Blizzard!

It is said that no two snowflakes are alike. Just as there will never be anyone exactly like your loved one. What made your loved one unique? Bring family members or come by yourself to join us in making snowflakes to usher in Winter. Perhaps by cutting up a blizzard of paper snowflakes, we can avoid the real thing!

West Campus
Tuesday, December 5,
6:30-8:30 p.m.

Warrensville Heights Office
Wednesday, December 6,
6:30-8:30 p.m.

The Elisabeth Severance Prentiss Bereavement Center
Thursday, December 14,
6:30-8:30 p.m.

Kidz Art: Bottle Cap Art

Create a mini design in memory of your loved one using beads, charms and other small items arranged into a small or large bottle cap. Items are held in place by clear-drying liquid glue and can be made into a pendant or magnet. Ages 6+. Kids are invited to bring family members along for this workshop. Light refreshments provided.

West Campus
Tuesday, February 27,
6:30-8:30 p.m.

The Elisabeth Severance Prentiss Bereavement Center
Tuesday, March 6,
6:30-8:30 p.m.



Grief and Comfort Collage

Grief and Comfort Collage

You may have heard of six-word memoirs or stories which describe one's life using just six words. At this workshop, participants will make a word and image collage illustrating their own six words of grief and six words of comfort.

West Campus
Tuesday, February 6, 6:30-8:30 p.m.

The Elisabeth Severance Prentiss Bereavement Center
Thursday, February 15, 6:30-8:30 p.m.

Warrensville Heights Office
Wednesday, February 21, 6:30-8:30 p.m.

The Light of My Life

In this workshop, participants will decorate a candle holder to remember the light that our loved ones brought into our lives. We will gather for a short candlelight ceremony at the end to honor them.

The Elisabeth Severance Prentiss Bereavement Center
Thursday, January 11, 6:30-8:30 p.m.

West Campus
Tuesday, January 16, 6:30-8:30 p.m.

Warrensville Heights Office
Wednesday, January 24, 6:30-8:30 p.m.

Fabric and Feelings

ON-GOING A group where participants use fabric techniques such as quilting (*sometimes with clothing from loved ones*) or photo transfer to create quilts, pillows, dolls and other types of lasting memories. *Sewing expertise is not necessary.*

The Elisabeth Severance Prentiss Bereavement Center
Weekly - Thursdays, 2 to 4 p.m.

Art for Relaxation: Birds of a Feather

SAVE THE DATE! Across cultures, birds have long been associated with life and death. Many people say that certain birds appear to them over and over after their loved one has died, which is a comfort to them. At this workshop, paint and decorate a bird house in memory of your loved one and that special bird.

Warrensville Heights Office
Wednesday, March 14,
6:30-8:30 p.m.

The Elisabeth Severance Prentiss Bereavement Center
Thursday, March 15,
6:30-8:30 p.m.

West Campus
Tuesday, March 20,
6:30-8:30 p.m.



Art for Relaxation: Birds of a Feather