Bereavement Support Groups

Unless otherwise noted, our support groups are open to anyone who has had a loved one die. Groups are subject to change. Call to verify time and location.

Adult Support Groups

Circle of Hope Series
A four or six-week educational support group for adults who have had a loved one die. Registration is required. Please call the facilitator listed below for more information or to register.

Ashtabula
St. Paul’s Lutheran Church
89 E. Satin Street, Jefferson, Ohio
Thursdays, March 24 – May 5, 11:00 a.m. to 12:30 p.m.
Susan Hamme 440.997.6619

The Elisabeth Severance Prentiss Bereavement Center
Wednesdays, March 23 – April 27, 10:00 a.m. to 11:30 a.m.
Diana Battles 216.486.6364

Lakeshore Campus
Mondays, April 18 – May 23, 6:00 to 7:30 p.m.
Tensie Holland 216.383.3741

Medina Office
The Robertson Bereavement Center
Thursdays, March 24 – April 28, 6:30 to 8:00 p.m.
JoDee Coulter 216.383.2222 ext. 1301

Mentor Office
Saturdays, April 2 – April 23, 9:00 to 10:30 a.m.
Lisa Florjancic 216.383.2222 ext. 1052

Circle of Hope: Art Therapy Edition
A six-week art and educational support class for adults who have had a loved one die.

The Elisabeth Severance Prentiss Bereavement Center
Wednesdays, April 6 – May 11, 10:00 a.m. to 12:00 p.m.
Mollie Postotnik 216.486.6544 or mpostotnik@hospicewr.org

Community of Hope
A six-week group for members of the LGBTQ community who have experienced the death of a loved one. Whether a new loss or an old loss, come for education, support and discussion in a safe to be you environment.

Lakewood Office
Monday, May 2 – June 6, 6:30 to 8:00 p.m.
Judy Beckman 216.383.2222 ext. 1114

Massage Therapy
Providing Comfort Through Touch
Stress is a normal part of life. As you move along grief’s journey, you may face many challenges. Massage therapy is a tool useful in helping to cope with stress, anxiety and fatigue.

The Elisabeth Severance Prentiss Bereavement Center
To schedule an appointment, call Felicia Dunlop at 216.486.6335
$25 for 30 minutes, $50 for 60 minutes

Yoga Matters
Ongoing Yoga Class designed for caregivers and bereaved.
Give yourself the gift of time and attention. The practice of Yoga helps you tune into yourself and take care of your physical, emotional and spiritual needs.

Lakeshore Campus
Wednesdays, 5:30 to 6:45 p.m.
$40/month or $12 Drop-in (sliding scale fee available)
216.486.6838

Hope & Healing
An ongoing monthly support group for grieving adults. Registration is not required. Please call facilitator for more information.

Lakeshore Campus
Third Monday of the month, 6:00 to 7:30 p.m.
April Ratcliffe 216.383.3782

Mentor Office
First Tuesday of the month, 10:00 to 11:00 a.m.
Lisa Florjancic 216.383.2222 ext. 1052

Warrensville Office
Second Wednesday of the month, 2:00 to 4:00 p.m.
Mary Murphy 216.454.0399

Hopeful Hearts
A monthly grief support group for anyone age 60 and over who has experienced the death of someone special in the past two years.

Holy Spirit Family Center
410 Lear Road, Avon Lake
Fourth Tuesday of the month, 1:00 to 2:30 p.m.
Chemarla Bryant 216.383.2222 ext. 1905

Parent Loss – Monthly
A monthly support group for adults adjusting to life after the death of one or both parents.

Lakewood Office
Second Tuesday of the month, 6:30 to 8:00 p.m.
Judy Beckman 216.383.2222 ext. 1114

Parent Loss – Series
A four-week support group for adults adjusting to life after the death of one or both parents. Registration required.

Ashtabula Office
Wednesday, April 27 – May 18, 10:00 to 11:30 a.m.
Susan Hamme 440.997.6619
Parents Together – Monthly
A monthly support group for parents who have experienced the death of an adult child.

Warrensline Heights Office
Second Thursday of the month, 2:30 to 4:00 p.m.
Vicki Jackson 216.383.2222 ext. 1197

Parents Together – Series
A five-week group for parents who have experienced the death of an adult child. Registration required.

Lakewood Office
Wednesday, April 13 – May 11, 6:00 to 7:30 p.m.
Judy Beckman 216.383.2222 ext. 1114

Women's Workshop
For women who have experienced the death of a partner, significant other, or spouse. Come for discussion, support and education. Registration required.

Lakewood Office
Tuesday, March 22, 6:00 to 8:00 p.m.
Judy Beckman 216.383.2222 ext. 1114

Suicide Loss
This group is for those individuals who have lost a loved one to suicide. Grief following loss by suicide is complex and emotions can be intense. As a result, survivors of suicide share a common bond. Although each individual’s situation is unique, the feelings, emotions and questions asked are often similar. Registration required.

Medina Office
The Robertson Bereavement Center
Third Tuesday of the month, 6:30 to 8:00 p.m.
Theresa Suing 330.725.1900

Partner/Spousal Loss Groups
Monthly support groups for adults who have experienced the death of a spouse, partner, or significant other. Groups are open-ended and ongoing.

New Beginnings
Adults age 55 and younger.
Medina Office
The Robertson Bereavement Center
Second Tuesday of the month, 6:30 to 8:00 p.m.
JoDee Coulter 216.383.2222 ext. 1301

Westlake
St John Medical Center,
Westshore Professional Building
29160 Center Ridge Road, Suite R
Second Wednesday of the month, 6:30 to 8:00 p.m.
Chemarra Bryant 216.383.2222 ext. 1905

New Journey
Adults of any age.
The Elisabeth Severance Prentiss Bereavement Center
Fourth Thursday of the month, 10:00 to 11:30 a.m.
Diana Battles 216.486.6364

“Special Event” Dinner and a Movie
Come join us for a light dinner and a film examining concepts of grief and loss. We will view the movie and then have a short discussion. Movie – The Way.
Registration required.

Warrensline Office
Tuesday, March 22, 6:00 to 8:30 p.m.
Vicki Jackson 216.383.2222 ext. 1197

Horizons
Adults age 65 and older.
Mayfield Village Baptist Church
6500 Highland Road, Mayfield
Second Tuesday of the month, 1:00 to 2:30 p.m.
Kathryn Harrison Brown 216.486.6331

Lorain County Community College
Spitzer Conference Center, Room 219
1005 North Abbe Road, Elyria
First Friday of the month, 10:30 a.m. to 12:00 p.m.
Laurie Mason 216.383.2222 ext. 1359

Helping Hands/Healing Hearts
A monthly support group for children ages 5 to 12 and their caregivers, who have experienced the death of a loved one. Groups are expressible in nature. While the children are meeting, there is a co-existing support group for the adults. Call to register by March 30.
The Elisabeth Severance Prentiss Bereavement Center
First Thursday of each month beginning April 7, 6:00 to 7:00 p.m.
Lesley Dials 216.486.6702

Children’s Group
Mother’s Day Tea
For those who have experienced the death of their mother or mother figure, please join us for a Mother’s Day tea where we will honor the memory of those relationships. Call to register by April 22.
The Elisabeth Severance Prentiss Bereavement Center
Saturday, April 30, 2:00 to 4:00 p.m.
Felicia Dunlop 216.486.6335

Hospice of the Western Reserve Office Locations

THE ELISABETH SEVERNACE PARENTISS Bereavement Center
300 East 185th Street
Cleveland, OH 44119-1330
216.486.6383

THE ROBERTSON Bereavement Center
5075 Windfall Road
Medina, OH 44256
330.725.1900

AMES FAMILY Hospice House
30080 Hospice Way
Westlake, Ohio 44145-1077
440.414.7349 or 835.281.5727

ASHTABULA OFFICE
1166 Lake Avenue
Ashtabula, OH 44004-2930
440.997.6619

DAVID SIMPSON Hospice House and Lakeshore Campus
300 East 185th Street
Cleveland, OH 44119-1330
216.383.2222 or 800.707.8922

HEADQUARTERS
1787 St. Clair Avenue
Cleveland, OH 44110
216.383.2222 or 800.707.8922

LAKEWOOD OFFICE
14601 Detroit Avenue, Suite 100
Lakewood, OH 44107-4212
216.227.9048

LORAIN COUNTY OFFICE
2173 N. Ridge Road E., Suite H
Lorain, OH 44055-3400
440.787.2080

MENTOR OFFICE
5786 Heisley Road
Mentor, OH 44060-1830
440.951.8692

MEDINA OFFICE
5075 Windfall Road
Medina, OH 44256
330.722.4771

WESTLAKE OFFICE
29101 Health Campus Drive
Suite 200
Westlake, OH 44107-4212
440.892.6680

330.725.1900

216.486.6383

216.383.2222

330.725.1900

216.486.6383

216.383.2222

330.725.1900

216.486.6383

216.383.2222

330.725.1900

216.486.6383

216.383.2222

330.725.1900

216.486.6383

216.383.2222

330.725.1900

216.486.6383

216.383.2222

330.725.1900

216.486.6383

216.383.2222

330.725.1900

216.486.6383

216.383.2222

330.725.1900

216.486.6383

216.383.2222
Healing Arts Workshops SPRING 2016

Healing Arts Workshops provide grieving people with a creative outlet for their grief and are open to the community. No art experience is necessary. Call Mollie Postotnik at 216.486.6544 or email her at mpostotnik@hospicewr.org to register no later than four days in advance of workshop date. Suggested $5.00 donation for supplies.

Fabric and Feelings
A group where participants use fabric techniques such as quilting (sometimes involving clothing from loved ones) or photo transfer to create quilts, pillows, dolls and other types of lasting memories. Sewing expertise is not necessary.

The Elisabeth Severance Prentiss Bereavement Center
Weekly – Thursdays, 2:00 to 4:00 p.m.

Mollie Postotnik
216.486.6544

Ames Family Hospice House – Art Studio
Monthly – Fourth Wednesday of the month, 6:30 to 8:30 p.m.

Mollie Postotnik 216.486.6544

Mindfulness Garden
You’ve seen those desktop Zen sand gardens that help with meditation. This is your opportunity to create one for yourself that helps you remember your loved one. It can serve as a mindful comfort to help calm and soothe.

Westlake Office
Tuesday, May 10, 6:30 to 8:30 p.m.

Warrensville Heights Office
Wednesday, May 11, 6:30 to 8:30 p.m.

The Elisabeth Severance Prentiss Bereavement Center
Thursday, May 26, 6:30 to 8:30 p.m.

Monthly Scrapbook Night
Remember that scrapbook of your loved one(s) that you never got around to finishing? No matter where you are in the process or if you haven’t yet begun, come join us! Bring your photos (copies of originals are recommended), handwritten notes, poetry, etc. Scrapbooks and some embellishments provided.

The Elisabeth Severance Prentiss Bereavement Center
First Thursday of the month, 6:30 to 8:30 p.m.

Kidz Art: Their Chair
Your loved one probably had a favorite chair. It can be difficult to see that chair empty. In this workshop, you can paint and decorate a chair in memory of your loved one. If you wish, a small photo and small mementos can be incorporated into the piece. Kids (ages 6 and up), bring your family members along for this workshop. Light refreshments provided.

Westlake Office
Tuesday, June 7, 6:30 to 8:30 p.m.

Relax-O-Doodles
Doodling is usually done while your mind is concentrating on something else like talking on the phone or daydreaming. In this workshop, you will create a “conscious” doodle as a meditative practice to give your mind a rest from your grief.

Westlake Office
Tuesday, March 8, 6:30 to 8:30 p.m.

Warrensville Heights Office
Wednesday, March 9, 6:30 to 8:30 p.m.

The Elisabeth Severance Prentiss Bereavement Center
Thursday, March 17, 6:30 to 8:30 p.m.

Stepping Stones
Make a cement stepping stone to commemorate a loved one. Small stones, tiles, glass beads and personal mementoes may be embedded. Names and dates can be stamped. May be used in your garden (if you polyurethane it after it dries) or can be displayed indoors.

Westlake Office
Tuesday, April 12, 6:30 to 8:30 p.m.

The Elisabeth Severance Prentiss Bereavement Center
Thursday, April 14, 6:30 to 8:30 p.m.

Warrensville Heights Office
Wednesday, April 20, 6:30 to 8:30 p.m.

LGBTQ_Art Therapy Event: My Rock
This event is for members of the Lesbian, Gay, Bi-Sexual, Transgender, Queer community who have experienced the death of a loved one.

Was your loved one the rock in your life? Decorate with paint, images, embellishments, or words to remember the strengths of your loved one. You may bring a large flat unpolished rock (about the size of your hand or smaller), or pick one at the workshop.

The Elisabeth Severance Prentiss Bereavement Center
Tuesday, April 26, 6:30 to 8:30 p.m.

Fabric & Feelings
Snuggle Bears

The Elisabeth Severance Prentiss Bereavement Center
Thursday, April 14, 6:30 to 8:30 p.m.

Snuggle Bears

The Elisabeth Severance Prentiss Bereavement Center
Thursday, April 26, 6:30 to 8:30 p.m.

Stepping Stones

The Elisabeth Severance Prentiss Bereavement Center
Thursday, April 14, 6:30 to 8:30 p.m.

LGBTQ_Art Therapy Event: My Rock
This event is for members of the Lesbian, Gay, Bi-Sexual, Transgender, Queer community who have experienced the death of a loved one.

Was your loved one the rock in your life? Decorate with paint, images, embellishments, or words to remember the strengths of your loved one. You may bring a large flat unpolished rock (about the size of your hand or smaller), or pick one at the workshop.

The Elisabeth Severance Prentiss Bereavement Center
Tuesday, April 26, 6:30 to 8:30 p.m.

Mindfulness Garden
You’ve seen those desktop Zen sand gardens that help with meditation. This is your opportunity to create one for yourself that helps you remember your loved one. It can serve as a mindful comfort to help calm and soothe.

Westlake Office
Tuesday, May 10, 6:30 to 8:30 p.m.

Warrensville Heights Office
Wednesday, May 11, 6:30 to 8:30 p.m.

The Elisabeth Severance Prentiss Bereavement Center
Thursday, May 26, 6:30 to 8:30 p.m.

Monthly Scrapbook Night
Remember that scrapbook of your loved one(s) that you never got around to finishing? No matter where you are in the process or if you haven’t yet begun, come join us! Bring your photos (copies of originals are recommended), handwritten notes, poetry, etc. Scrapbooks and some embellishments provided.

The Elisabeth Severance Prentiss Bereavement Center
First Thursday of the month, 6:30 to 8:30 p.m.

Kidz Art: Their Chair
Your loved one probably had a favorite chair. It can be difficult to see that chair empty. In this workshop, you can paint and decorate a chair in memory of your loved one. If you wish, a small photo and small mementos can be incorporated into the piece. Kids (ages 6 and up), bring your family members along for this workshop. Light refreshments provided.

Westlake Office
Tuesday, June 7, 6:30 to 8:30 p.m.

Relax-O-Doodles
Doodling is usually done while your mind is concentrating on something else like talking on the phone or daydreaming. In this workshop, you will create a “conscious” doodle as a meditative practice to give your mind a rest from your grief.

Westlake Office
Tuesday, March 8, 6:30 to 8:30 p.m.

Warrensville Heights Office
Wednesday, March 9, 6:30 to 8:30 p.m.

The Elisabeth Severance Prentiss Bereavement Center
Thursday, March 17, 6:30 to 8:30 p.m.

Mindfulness Garden
You’ve seen those desktop Zen sand gardens that help with meditation. This is your opportunity to create one for yourself that helps you remember your loved one. It can serve as a mindful comfort to help calm and soothe.

Westlake Office
Tuesday, May 10, 6:30 to 8:30 p.m.

Warrensville Heights Office
Wednesday, May 11, 6:30 to 8:30 p.m.

The Elisabeth Severance Prentiss Bereavement Center
Thursday, May 26, 6:30 to 8:30 p.m.

Monthly Scrapbook Night
Remember that scrapbook of your loved one(s) that you never got around to finishing? No matter where you are in the process or if you haven’t yet begun, come join us! Bring your photos (copies of originals are recommended), handwritten notes, poetry, etc. Scrapbooks and some embellishments provided.

The Elisabeth Severance Prentiss Bereavement Center
First Thursday of the month, 6:30 to 8:30 p.m.

Kidz Art: Their Chair
Your loved one probably had a favorite chair. It can be difficult to see that chair empty. In this workshop, you can paint and decorate a chair in memory of your loved one. If you wish, a small photo and small mementos can be incorporated into the piece. Kids (ages 6 and up), bring your family members along for this workshop. Light refreshments provided.

Westlake Office
Tuesday, June 7, 6:30 to 8:30 p.m.

Relax-O-Doodles
Doodling is usually done while your mind is concentrating on something else like talking on the phone or daydreaming. In this workshop, you will create a “conscious” doodle as a meditative practice to give your mind a rest from your grief.

Westlake Office
Tuesday, March 8, 6:30 to 8:30 p.m.

Warrensville Heights Office
Wednesday, March 9, 6:30 to 8:30 p.m.

The Elisabeth Severance Prentiss Bereavement Center
Thursday, March 17, 6:30 to 8:30 p.m.

Mindfulness Garden
You’ve seen those desktop Zen sand gardens that help with meditation. This is your opportunity to create one for yourself that helps you remember your loved one. It can serve as a mindful comfort to help calm and soothe.

Westlake Office
Tuesday, May 10, 6:30 to 8:30 p.m.

Warrensville Heights Office
Wednesday, May 11, 6:30 to 8:30 p.m.

The Elisabeth Severance Prentiss Bereavement Center
Thursday, May 26, 6:30 to 8:30 p.m.

 Monthly Scrapbook Night
Remember that scrapbook of your loved one(s) that you never got around to finishing? No matter where you are in the process or if you haven’t yet begun, come join us! Bring your photos (copies of originals are recommended), handwritten notes, poetry, etc. Scrapbooks and some embellishments provided.

The Elisabeth Severance Prentiss Bereavement Center
First Thursday of the month, 6:30 to 8:30 p.m.

Kidz Art: Their Chair
Your loved one probably had a favorite chair. It can be difficult to see that chair empty. In this workshop, you can paint and decorate a chair in memory of your loved one. If you wish, a small photo and small mementos can be incorporated into the piece. Kids (ages 6 and up), bring your family members along for this workshop. Light refreshments provided.

Westlake Office
Tuesday, June 7, 6:30 to 8:30 p.m.
We offer a variety of camps to meet the grieving needs of children and adolescents. Camps provide the opportunity to be with others who are also grieving the death of a loved one. Camps are expressive in nature and led by experienced facilitators in art, music, play and nature activities.

For more information or a registration packet, please contact us at 216.486.6838.

**Teen Retreat**
Bridges of Courage is a retreat for teens ages 13-17 that have experienced the death of a loved one.

*The Elisabeth Severance Prentiss Bereavement Center*
Saturday, April 16, 3:00 to 7:00 p.m.

**Bridges of Hope Grief Camp**
A camp for children 8-12 years old which provides a safe place to talk about grief-related questions and feelings.

*Thousand Trails Campground*
2021 Mill Creek Road, Jefferson
Friday, May 6, 9:00 a.m. to 1:30 p.m.

**SAVE THE DATES**

**Riding Through Grief Camp**
This camp is offered in collaboration with Fieldstone Farm Therapeutic Riding Center for children ages 8-12 who have experienced the death of a loved one. Through riding and working with horses, campers explore grief issues supported by trained counselors.

*Fieldstone Farm*
June 20 – June 24

**Together We Can Family Day at the Beach (all ages)**
Join us for fun and festivities as we honor the life of your special person.

*Mentor Headlands Mentor, Ohio*
June 11, 3:00 to 7:00 pm

**Together We Can Medina (ages 6-13)**
A week long day camp for children ages 6-13 who have experienced the death of a loved one.

*Krabil Shelter Medina, Ohio*
June 20 – 24, 9:00 a.m. to 3:30 p.m.

**Together We Can Overnight (ages 8-14)**
*Red Oak Camp Kirtland, Ohio*
October 15 – 16
Pick up and drop off times to be determined.