Bereavement Support Groups

Unless otherwise noted, our support groups are open to anyone who has had a loved one die. Groups are subject to change. Call to verify time and location.

Adult Support Groups

Circle of Hope Series
A four- or six-week educational support group for adults who have had a loved one die. Please call the facilitator listed below for more information or to register.

Ashtabula
St. Paul’s Lutheran Church
89 E. Satin St., Jefferson, Ohio
Wednesdays, September 7 – October 12, 11:00 a.m. to 12:30 p.m.
Susan Hamme 440.997.6619

The Elisabeth Severance Prentiss Bereavement Center
Wednesdays, June 1 – July 6, 10:00 to 11:30 a.m.
Diana Battles 216.486.6364

Fall dates to be announced for Lakewood, Medina and Mentor.

Circle of Hope: Art Therapy Edition
A six-week art and educational support class for adults who have had a loved one die.

The Elisabeth Severance Prentiss Bereavement Center
Wednesdays, July 6 – August 17
(Note: No session July 27)
10:00 a.m. to noon
Mollie Postotnik 216.486.6544 or mpostotnik@hospicewr.org

Hopeful Hearts
A monthly grief support group for anyone age 60 and over who has experienced the death of someone special in the past two years.

Holy Spirit Parish Center
410 Lear Road, Avon Lake
Fourth Tuesday of the month, 1:00 to 2:30 p.m.
Chemarra Bryant 216.383.2222 ext. 1905

Hope & Healing
An on-going monthly support group for grieving adults. Registration is not required. Please call facilitator for more information.

Lakeshore Campus
Third Monday of the month, 6:00 to 7:30 p.m.
April Ratcliffe 216.383.3782

Medina Office
The Robertson Bereavement Center
Second Thursday of the month, 3:00 to 4:30 p.m. Starting in June
Theresa Suing 330.725.1900

Mentor Office
First Tuesday of the month, 10:00 to 11:00 a.m.
Lisa Florjancic 216.383.2222 ext. 1052

Parent Loss – Monthly
A monthly support group for adults adjusting to life after the death of one or both parents.

Lakewood Office
Second Tuesday of the month, 6:30 to 8:00 p.m.
Judy Beckman 216.383.2222 ext. 1114

Parent Loss – Young Adult
A one-time support event for adults (in their 20’s and 30’s) adjusting to life after the death of one or both parents. Call to register by June 22.

Mentor Office
Saturday, June 25, 9:30 to 11:00 a.m.
Lisa Florjancic 216.383.2222 ext. 1052

Parents Together – Monthly
A monthly support group for parents who have experienced the death of an adult child.

Warrensville Heights Office
Second Thursday of the month, 2:30 to 4:00 p.m.
Vicki Jackson 216.383.2222 ext. 1197

Suicide Loss
This group is for those individuals who have lost a loved one to suicide. Grief following loss by suicide is complex and emotions can be intense. As a result, survivors of suicide share a common bond. Although each individual's situation is unique, the feelings, emotions and questions asked are often similar. Call to register.

Medina Office
The Robertson Bereavement Center
Third Tuesday of the month, 3:00 to 4:30 p.m.
Theresa Suing 330.725.1900

Community Support Groups & Activities

Yoga Matters
On-going Yoga Class designed for caregivers and bereaved. Give yourself the gift of time and attention. The practice of Yoga helps you tune into yourself and take care of your physical, emotional and spiritual needs.

Lakeshore Campus
Wednesdays, 5:30 to 6:45 p.m.
$40/month or $12 Drop-in (sliding scale fee available)
216.486.6838
Who Am I?
Grief challenges us to take a new look at our roles in life. In this group you will rediscover personal interests, explore new opportunities and identify support systems and tools to help you through. Come brainstorm, share and discover new ideas and resources with the group. There will be independent assignments most weeks. Registration is required.

Ashtabula Office
Wednesday, August 17 – September 14, 10:00 to 11:30 a.m.
Susan Hamme 440.997.6619

Special Event: Dinner and a Movie
Come join us for a light dinner and a film examining concepts of grief and loss. We will view the movie and then have a short discussion. Call to register.

Warrensville Office
Film: Field of Dreams
Tuesday, August 16, 6:00 to 8:30 p.m.
Vicki Jackson 216.383.2222 ext. 1197

Partner/Spousal Loss Groups
Monthly support groups for adults who have experienced the death of a spouse, partner, or significant other. Groups are open-ended and on-going. Registration is not required.

New Journey
Adults of any age.

Ashtabula
St. Paul's Lutheran Church
89 E. Satin St., Jefferson, Ohio
First Thursday of the month, 11:00 a.m. to 12:30 p.m.
Susan Hamme 440.997.6619

The Elisabeth Severance Prentiss Bereavement Center
Fourth Thursday of the month, 10:00 to 11:30 a.m.
Diana Battles 216.486.6364

New Beginnings
Adults in middle life.

Medina Office
The Robertson Bereavement Center
Second Tuesday of the month, 6:30 to 8:00 p.m.
JoDee Coulter 216.383.2222 ext. 1301

Westlake
St John Medical Center, Westshore Professional Building
29160 Center Ridge Road, Suite R
Second Wednesday of the month, 6:30 to 8:00 p.m.
Chemarra Bryant 216.383.2222 ext. 1905

Horizons
Adults in late life.

Mayfield Village Baptist Church
6500 Highland Road, Mayfield
Second Tuesday of the month, 1:00 to 2:30 p.m.
Kathryn Harrison Brown 216.486.6331

Lorain County Community College
Spitzer Conference Center, Room 219
1005 North Abbe Road, Elyria
First Friday of the month, 10:30 to 11:30 a.m.
Laurie Mason 216.383.2222 ext. 1359

Children and Family Events

Helping Hands/Healing Hearts
A monthly support group for children ages 5 to 12 and their caregivers, who have experienced the death of a loved one. Groups are expressive in nature. While the children are meeting, there is a co-existing support group for the adults. Call to register.

The Elisabeth Severance Prentiss Bereavement Center
First Wednesday of the month, 6:00 to 7:00 p.m.
Lesley Dials 216.486.6702

Medina Office
The Robertson Bereavement Center
Fourth Tuesday of the month, 6:00 to 7:00 p.m.
Theresa Suing 330.725.1900

Making Memories Family Day
Join us for an afternoon of crafts, sharing and memories for the whole family. Memory box painting, memory frames and stepping stones will be available to create and take home. Spend time sharing your memories and stories with others while you create. We will close our day with a balloon release in honor of your loved one. All ages welcome to come and participate. Please call to register by July 6.

Ashtabula Office
Thursday, July 14, 6:00 to 7:30 p.m.
Susan Hamme 440.997.6619

Hospice of the Western Reserve Office Locations

THE ELISABETH SEVERANCE PRENTISS BEREAVEMENT CENTER
300 East 185th Street
Cleveland, OH 44119–1330
216.486.6838

THE ROBERTSON BEREAVEMENT CENTER
5075 Windfall Road
Medina, OH 44256
330.725.1900

AMES FAMILY HOSPICE HOUSE
30080 Hospice Way
Westlake, OH 44145–1077
440.414.7349 or 835.281.5727

ASHTABULA OFFICE
1166 Lake Avenue
Ashtabula, OH 44004–2930
440.997.6619

DAVID SIMPSON HOSPICE HOUSE
AND LAKE SHORE CAMPUS
30080 Hospice Way
Westlake, OH 44145–1077
440.414.7349 or 835.281.5727

HEADQUARTERS
17876 St. Clair Avenue
Cleveland, OH  44110
216.383.2222 or 800.707.8922

LAKEWOOD OFFICE
1660 Detroit Avenue, Suite 100
Lakewood, OH 44107–4212
216.227.9048

LORAIN COUNTY OFFICE
2173 N. Ridge Road E., Suite H
Lorain, OH  44055–3400
440.787.2080

MENTOR OFFICE
5786 Heisley Road
Mentor, OH 44060–1830
440.951.8692

MEDINA OFFICE
5075 Windfall Road
Medina, OH 44256
330.725.1900

WARRENSVILLE HEIGHTS OFFICE
4670 Richmond Road, Suite 200
Warrensville Hts, OH 44128–5978
216.454.0399

WESTLAKE OFFICE
29101 Health Campus Drive
Building 2, Suite 400
Westlake, OH 44145–5268
440.892.6680
Healing Arts Workshops SUMMER 2016

Healing Arts Workshops provide grieving people with a creative outlet for their grief and are open to the community. No art experience is necessary. Call Mollie Postotnik at 216.486.6544 or email her at mpqpostotnik@hospicewr.org to register no later than four days in advance of workshop date. Suggested $5.00 donation for supplies.

Landscapes of the Heart
Painting a natural landscape can sometimes help reveal one’s emotional landscape. Come and paint a scene on the grounds of our campus on Lake Erie if weather permits, to express mood and feeling. (If we cannot be outdoors, we will paint from photos of landscapes.)
The Elisabeth Severance Prentiss Bereavement Center
Thursday, August 18, 6:30 to 8:30 p.m.

LGBTQ Art Therapy Event: Imbedded Memories
This event is for members of the Lesbian, Gay, Bi-Sexual, Transgender, Queer Community who have experienced the death of a loved one. Participants will create a framed piece in which memories can be “planted.” Please bring small mementoes that represent good memories about your loved one and/or use other items provided.
The Elisabeth Severance Prentiss Bereavement Center
Tuesday, July 19, 6:30 to 8:30 p.m.

Inspiration Spoons
This workshop offers a unique way to remember your loved one while creating a meaningful keepsake using old silver or silver-plated spoons. Bring a favorite phrase or quote from your loved one to incorporate into the artwork. Spoons will be provided.
Warrensville Heights Office
Wednesday, July 6, 6:30 to 8:30 p.m.
Westlake Office
Tuesday, July 12, 6:30 to 8:30 p.m.
The Elisabeth Severance Prentiss Bereavement Center
Thursday, July 14, 6:30 to 8:30 p.m.

Memory Glass
At this two-week workshop, make a fused-glass pendant to wear close to your heart or to hang on your rearview mirror. At the first session, you will choose pieces of glass and assemble them the way you want. During the week, the glass pieces will be fused. The second session will consist of selecting and attaching a cord and sharing stories of your loved one.
Westlake Office
Both Tuesdays, August 9 and 16, 6:30 to 8:30 p.m.
Warrensville Heights Office
Both Wednesdays, August 10 and 17, 6:30 to 8:30 p.m.

Words and Snapshots: Photography and Journaling Grief Series
This five-week series is for those who desire a more introspective way to convey their feelings of grief for their loved ones through digital photography and writing. Participants will need their mobile phone or another digital camera to take photos and the ability to either email or print them. (Space is limited, so register early!)
The Elisabeth Severance Prentiss Bereavement Center
Wednesday, August 31 – September 28
10:00 a.m. to noon

Kidz Art: Celebration Bowls
Kids (ages 6 and up), bring your family members along for this workshop. Celebrate the connection with your loved one by shaping, carving and painting a paper clay bowl to reflect your relationship. Light refreshments provided.
Westlake Office
Tuesday, September 6, 6:30 to 8:30 p.m.
The Elisabeth Severance Prentiss Bereavement Center
Tuesday, September 20, 6:30 to 8:30 p.m.

Art for Relaxation: Kirigami
Kirigami is a variation on Origami, the Japanese art of paper-folding. Kirigami involves cutting concentric paper circles in interesting ways, then curling and manipulating the paper and the cut-out parts to make an intricate 3-D paper sculpture. It looks complicated, but is simple to make. The focus will be on the creative process.
Westlake Office
Tuesday, September 13, 6:30 to 8:30 p.m.
Warrensville Heights Office
Wednesday, September 14, 6:30 to 8:30 p.m.
The Elisabeth Severance Prentiss Bereavement Center
Thursday, September 22, 6:30 to 8:30 p.m.

Monthly Scrapbook Night
Remember that scrapbook of your loved one(s) that you never got around to finishing? No matter where you are in the process or if you haven’t yet begun, come join us! Bring your photos (copies of originals are recommended), handwritten notes, poetry, etc. Scrapbooks and some embellishments provided.
The Elisabeth Severance Prentiss Bereavement Center
First Thursday of the month, 6:30 to 8:30 p.m.

Fabric and Feelings
A group where participants use fabric techniques such as quilting (sometimes involving clothing from loved ones) or photo transfer to create quilts, pillows, dolls and other types of lasting memories. Sewing expertise is not necessary.
The Elisabeth Severance Prentiss Bereavement Center
Weekly – Thursdays, 2:00 to 4:00 p.m.
Ames Family Hospice House – Art Studio
Monthly – Fourth Wednesday of the month, 6:30 to 8:30 p.m.
Call to register.
Looking for a camp to meet the unique needs of a grieving child or teen?

Hospice of the Western Reserve offers a variety of camps in several convenient Northern Ohio locations throughout the summer. Grief camps provide the opportunity to be with others who are also grieving the death of a loved one. They’re expressive in nature and led by experienced facilitators in art, music, play and nature exploration.

To learn more or to request an registration packet, please call 216.486.6838 or visit hospicewr.org/camps.

Together We Can
Family Day at the Beach
ALL AGES Join us for fun and festivities as we honor the life of your special person.

Mentor Headlands
Mentor, Ohio
June 11, 3:00 to 7:00 p.m.

Together We Can Medina
AGES 6-13 A four day camp for children who have experienced the death of a loved one.

Krabil Shelter Medina, Ohio
June 20 – 23, 9:00 a.m. to 3:30 p.m.

Together We Can
Overnight
AGES 8-14 Pickup and drop off times to be determined.

Red Oak Camp Kirtland, Ohio
October 15 – 16