

# Comfort Touch

*Comfort Touch is a nurturing style of acupressure that gives special consideration to physical and emotional needs of elderly and/or ill persons. Designed to bring the benefits of touch to a broad range of people, its primary intention is to provide comfort through techniques that promote deep relaxation and relief from pain.*

*Physical considerations: You will learn proper body patterning/body mechanics to protect yourself from injury. Volunteers must be able to apply 2-5 pounds of pressure with their hands.*

*There is a \$75.00 registration, which includes two Comfort Touch textbooks. Grant funding available in certain locations.*

*Attn: Volunteer Admin. Office 17876  
St. Clair Avenue Cleveland, OH  
44110*

*\*\*CEUs available for Nurses\*\**

All classes are 9:00 a.m.—3:00

**Thursdays – January 30 & February 6  
West Campus**

22730 Fairview Center Drive  
Fairview Park, OH 44126

**Fridays – February 21 & 28  
East Campus**

34900 Chardon Rd.  
Building 1 – Suite 105  
Willoughby Hills 44094

**Questions?**

Please contact Joan Ibbett at 216-255-9059  
or [jibbett@hospicewr.org](mailto:jibbett@hospicewr.org)

*Class size is limited and RSVP is required. For more information and to register, contact the **Volunteer Team** at **216.383.5280** or **[volunteersvp@hospicewr.org](mailto:volunteersvp@hospicewr.org)***



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