Unless otherwise noted, our support groups are open to anyone who has had a loved one die. Groups are subject to change.

Community Support Groups and Activities

All groups require advance registration, and the number of participants is limited. Virtual groups will be offered via Microsoft Teams. For more information or to register for a group, please call or email the facilitator listed for that group. Grief support groups provide:

- A safe place to express emotions
- A place to “tell your story”
- Education about grief and loss
- Normalization and validation of your grief experience
- Opportunities to learn new roles, ways to problem-solve and cope with situations
- New friendships
- A chance to laugh

Circle of Hope IN PERSON SERIES
- An educational grief support group for adults. Registration is required no later than a week prior to start date.

East Campus
- Four Thursdays, September 14 to October 5
- 9:30 to 10:30 a.m.
- Register by September 11

Lisa Florjancic
lflorjancic@hospicewr.org
440.853.5365

Lakeshore Campus (spouse/partner loss)
- Six Wednesdays, October 4 to November 8
- 2 to 3:30 p.m.

Carrie Johnson
crjohnson@hospicewr.org
216.486.6331

Hope and Healing IN PERSON MONTHLY
- An ongoing monthly support group for older adults grieving the loss of a loved one.
- Third Thursday of each month
- 10 to 11 a.m.

Grafton-Midview Public Library
- 983 Main Street, Grafton, OH 44044
- Call library to register 440.926.3317

Parents Together
- MONTHLY For parents who have experienced the death of an adult child. This group can be joined virtually or in person.

Lakeshore Campus
- Second Tuesday of each month
- 6 to 7:30 p.m.

Elisha Evanko
eevanko@hospicewr.org
440.414.1731

Parent Loss VIRTUAL MONTHLY
- A group for adults adjusting to life after the death of one or both parents.
- Second Monday of each month
- 6 to 7:30 p.m.

Elisha Evanko
eevanko@hospicewr.org
440.414.1731

Millennial Grief VIRTUAL MONTHLY
- A group for adults under age 50 grieving the death of a parent or parent figure.
- Second Wednesday of each month
- 6 to 7 p.m.

Kelly DiTurno
kditurno@hospicewr.org
440.414.1737

Overdose Loss VIRTUAL MONTHLY
- A group for adults managing grief after an overdose death.
- First Tuesday of each month
- 6 to 7 p.m.

Elisha Evanko
eevanko@hospicewr.org
440.414.1731
Spousal/Partner Loss

**New Journey**

**MONTHLY**
A group for adults of any age who have experienced the death of a spouse, partner or significant other.

**VIRTUAL**
First Wednesday of each month 6 to 7:30 p.m.

*Vanessa Smylie*
vsmylie@hospicewr.org
216.763.6441

**Horizons IN PERSON**
**MONTHLY**
For adults in later life who have experienced the death of a spouse, partner or significant other.

**Lakeshore Campus**
Third Thursday of each month 10:30 a.m. to noon

*Carrie Johnson*
crjohnson@hospicewr.org
216.486.6331

**Grief In The First Year**

**MONTHLY**
This group is for adults navigating the important “firsts” in the year following a death. *This group can be joined virtually or in person.*

**Lakeshore Campus**
Third Monday of each month 6 to 7 p.m.

*Kelly DiTurno*
kditurno@hospicewr.org
440.414.1737

**Grief in the Second Year IN PERSON**

Join us to explore the second year of grief including why it can be more challenging than expected, along with ways to grow and cope.

**The Robertson Bereavement Center**
Tuesday, October 10 6 to 7:30 p.m.

*JoDee Coulter, MT-BC, CT*
330.662.4240

**Call to register**
Support Groups

To register, contact Kathy Failor at 419.625.5269 or kfailor@steinhospice.org.

**Clear Skies**
A monthly group for adults who have experienced the death of a loved one due to suicide.

Fourth Tuesday of each month 5:30 to 7 p.m.

*The Chapel, Norwalk Campus*
156 South Norwalk Rd West, Norwalk, OH 44857

**Serenity Seekers**
A six-week group for adults who have experienced the death of an adult loved one.

**Sandusky**
Wednesdays, September 6 to October 11
5:30 to 7 p.m.

**Norwalk**
Tuesdays, September 12 to October 17
4 to 5:30 p.m.

**Bellevue**
Wednesdays, September 13 to October 18
5:30 to 7 p.m.

**Healing Hearts**
A monthly group for adults who have experienced the death of a loved one.

<table>
<thead>
<tr>
<th>Sandusky</th>
<th>Norwalk</th>
<th>Port Clinton</th>
<th>Tiffin</th>
<th>Bellevue</th>
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<tbody>
<tr>
<td><strong>First Thursday of each month</strong></td>
<td><strong>Second Thursday of each month</strong></td>
<td><strong>Third Wednesday of each month</strong></td>
<td><strong>Second Thursday of each month</strong></td>
<td><strong>Fourth Wednesday of each month</strong></td>
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<td>5:30 p.m. to 6:30 p.m.</td>
<td>4 p.m. to 5 p.m.</td>
<td>10:30 a.m. to noon</td>
<td>10:30 to 11:30 a.m.</td>
<td>4 to 5:30 p.m.</td>
</tr>
<tr>
<td><strong>Stein Hospice Main Office</strong></td>
<td><strong>The Coffee House</strong></td>
<td><strong>Firelands Presbyterian Church</strong></td>
<td><strong>Community Hospice by Stein Office</strong></td>
<td><strong>Bellevue Public Library</strong></td>
</tr>
<tr>
<td>1200 Sycamore Line, Sandusky, OH 44870</td>
<td>27 Whittlesey Ave, Norwalk, OH 44857</td>
<td>2626 E. Harbor Rd, Port Clinton, OH 43452</td>
<td>181 E. Perry St, Tiffin, OH 44883</td>
<td>224 E. Main St, Bellevue, OH 44811</td>
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<td>September 7</td>
<td>October 5</td>
<td>September 20</td>
<td>September 14</td>
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<td>October 12</td>
<td>November 2</td>
<td>October 18</td>
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<td>November 15</td>
<td>November 9</td>
<td>November 22</td>
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**Lunch With Friends**
A monthly social group for adults who have experienced the death of a loved one.
Participants pay for their own meals.

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<thead>
<tr>
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<th>Tiffin</th>
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</thead>
<tbody>
<tr>
<td><strong>Third Wednesday of each month</strong></td>
<td><strong>First Wednesday of each month</strong></td>
<td><strong>Second Wednesday of each month</strong></td>
<td><strong>Third Monday of each month</strong></td>
</tr>
<tr>
<td>noon to 1 p.m.</td>
<td>noon to 1 p.m.</td>
<td>noon to 1 p.m.</td>
<td>11 a.m. to noon</td>
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<tr>
<td><strong>Sandusky Yacht Club</strong></td>
<td><strong>Bob Evans</strong></td>
<td><strong>Bistro 163</strong></td>
<td><strong>Paulette’s</strong></td>
</tr>
<tr>
<td>529 E. Water St, Sandusky, OH 44870</td>
<td>4800 U.S. 250 North, Norwalk, OH 44857</td>
<td>The Sutton Center 1848 E. Perry Street, Suite 10, Port Clinton, OH 43452</td>
<td>228 S. Sandusky St, Tiffin OH, 44883</td>
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<tr>
<td>September 20</td>
<td>September 6</td>
<td>September 13</td>
<td>September 18</td>
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<tr>
<td>October 18</td>
<td>October 4</td>
<td>October 11</td>
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<td>November 15</td>
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<td>November 20</td>
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Healing Arts Workshops FALL 2023

Healing Arts Workshops provide grieving people with a creative outlet for their grief and are open to the community. No art experience is needed, and supplies will be provided. Please note virtual or in-person format for each group.

For virtual groups - once registered, you will receive an email invitation that includes a link to join via Microsoft Teams at the time of the group. With a few exceptions, each workshop consists of two sessions, a week apart. At the first session, a theme or topic is introduced, and we have a discussion. You will be given instructions to complete the art assignment during the week using the supplies that have been provided. During the second session we will share artwork and talk about the creative process.

There is a suggested $5 donation for supplies. If you wish to help allay supply and shipping costs, you may make a donation to the Healing Arts Program. To do so, go to hospicewr.org and click on Donate Now.

Call Mollie Borgione at 216.486.6544 or email at mborgione@hospicewr.org to register no later than two weeks in advance of a virtual workshop start date or one week in advance of an in-person start date.

PET GRIEF: MY BUDDY
Losing an animal that has been your constant and faithful companion is difficult. At this workshop, you can make a hand-sewn pocket version of your beloved animal buddy that you can carry in your pocket or bag. Make sure to bring a photo for reference!

IN PERSON
The Elisabeth Severance Prentiss Bereavement Center
Thursday, October 26
6:30 to 8:30 p.m.

POETRY AND WATERCOLOR
Poetry and watercolor are known for evoking feelings. In this collaborative art and poetry workshop, one of our Bereavement Coordinators and poet, Sarah McIntosh, will guide you in composing a poem to illustrate your grief. Then you will make a watercolor background in response to it. (Sarah will only be present at the in person workshops.)

VIRTUAL
Both Wednesdays, October 11 and 18
6 to 7:30 p.m.

IN PERSON
The Elisabeth Severance Prentiss Bereavement Center
Thursday, October 12
6:30 to 8:30 p.m.

WHAT’S ON YOUR PLATE?
At the first session, participants will paint both sides of a bisque (unglazed china) dinner plate with ceramic glazes. The plates will be kiln-fired in between sessions so that we can use them for our potluck meal at the second session. Bring your loved one’s or your own favorite food to share! (Virtual group members will, of necessity, make an alternate version.) Space is limited for the in person workshops.

NOTE: The in person sessions skip a week to allow time to fire the plates.

VIRTUAL
Both Wednesdays, November 8 and 15
6 to 7:30 p.m.

IN PERSON
West Campus
Tuesday, November 7 and 21
6:30 to 8:30 p.m.

CIRCLE OF HOPE: ART THERAPY EDITION
A six-week art and educational support group for adults.

VIRTUAL
Both Wednesdays, October 11 through November 15
10 to 11:30 a.m.

IN PERSON
The Elisabeth Severance Prentiss Bereavement Center
Thursday, October 12
6:30 to 8:30 p.m.

IN PERSON
West Campus
Tuesday, October 17
6:30 to 8:30 p.m.

FABRIC AND FEELINGS
A monthly group where participants come to gather with others who are grieving and create all things fabric, sharing both their grief experiences and fabric arts knowledge with each other. Attendees can create lasting memories of their loved one using pieces of their clothing, or make pillows, quilts, crochet, knit, etc. No sewing expertise necessary.

IN PERSON
The Elisabeth Severance Prentiss Bereavement Center
Third Thursday of each month, 2 to 4 p.m.

HOLIDAY FAMILY NIGHT: WINTERSCAPES
Winter arrives this month amid the holidays, then stretches out into next year. Despite the earth lying dormant here in Northeast Ohio, there is beauty! Use watercolors or acrylics to paint a winter scene from a photograph, calendar, or simply let your imagination create one.

VIRTUAL
Both Wednesdays, December 6 and 13
6 to 7:30 p.m.

IN PERSON
West Campus
Tuesday, December 5
6:30 to 8:30 p.m.

IN PERSON
The Elisabeth Severance Prentiss Bereavement Center
Thursday, December 7
6:30 to 8:30 p.m.