

EDUCATIONAL OFFERINGS

Subjects	Title	Objectives	Approval	CE	Time
Hospice	A Beautiful Death: Insight and Understanding at End of Life	<ul style="list-style-type: none"> Define terminology related to dying. Explain signs and symptoms frequent seen in the actively dying phase. Discuss interventions helpful to patients and families. 	Nurse Social Worker	Yes	1 hour
Hospice	Acknowledging End-of-Life Decisions/Choices for Individuals with IDD, ASD, and Dementia	<ul style="list-style-type: none"> Differentiate between intellectual disabilities and developmental disabilities. Identify barriers to recognize end-of-life in persons with IDD. Identify needs of adults with IDD< ASD and Dementia Discuss tips for healthcare professionals in end-of-life discussions. Recognize the importance of Advanced Care Planning with individuals with this population 	Nurse Social Worker	Yes	1 hour
Hospice	Artificial Nutrition and Hydration	<ul style="list-style-type: none"> Review the perception of nutrition and hydration in our society. Discuss adverse effects of inserting a feeding tube. Determine the various effects artificial nutrition/hydration as well as terminal dehydration, can have on a patient's quality of life and death. Share research findings related to artificial nutrition/hydration. 	Nurse Social Worker	Yes	1 hour
Hospice	Breaking Bad News: Tips for Effective and Empathetic Communication	<ul style="list-style-type: none"> Explain Bad News. Describe the importance of effectively communicating bad news. Identify S-P-I-K-E-S communication strategy for delivering bad news. Discuss why breaking bad news is so difficult for all participants 	Nurse Social Worker Physician	Yes	1 hour
Hospice	Building Resilience as a Healthcare Professional in an Everchanging World	<ul style="list-style-type: none"> Define terms related to resilience. List ways to demonstrate resilience. Understanding the effects of psychological strengths on your overall health Identify ways to build up your own resilience. Identify relational sources of resilience to overcome setbacks 	Nurse Social Worker	Yes	1 hour
Hospice	Courage in conversation: Advance Care Planning for Healthcare Professionals	<ul style="list-style-type: none"> Understand the difference between a Living Will and Healthcare Power of Attorney Describe the types of DNR orders in the State of Ohio Provide examples of open-ended questions to ask when making end of life decisions 	Nurse Social Worker	Yes	1 hour
Hospice	Fear of the Last Dose	<ul style="list-style-type: none"> Identify four common myths about morphine. Explain the basic properties of morphine. Share the importance of education and communication to patients, families, and caregivers. 	Nurse Social Worker	Yes	1 hour
Hospice	Hospice and Palliative Care: You have Options and Choices	<ul style="list-style-type: none"> Explain hospice philosophy, history, eligibility, and reimbursement. 	Nurse Social Worker	Yes	1 hour

Bucket	Title	Objectives	Approval	CE	Time
		<ul style="list-style-type: none"> Discuss differences between palliative care and hospice care. Describe palliative care eligibility, models, and reimbursement. 			
Hospice	Nonpharmacological Interventions at End of Life	<ul style="list-style-type: none"> Describe the four major processes of pain. Review the four cornerstones of Holistic Pain Management List non-pharm interventions utilized in pain management. Describe considerations in assessing for pain 	Nurse Social Worker	Yes	1 hour
Hospice	Practicing Self-Care and Self-Compassion	<p>Self-Care and Self-Compassion are two important, but often overlooked skills that can enhance one's ability to provide ideal care. This presentation will provide resources on self-care and self-compassion, as well as the tools to enhance one's ability to recognize and practice self-care and self-compassion.</p> <ul style="list-style-type: none"> Define Compassion Fatigue, Self-Care & Self-Compassion Differentiate between Self-Care and Self-Compassion Identify ways to practice Self-Care. Explore qualities of Self-Compassion. Reflect on personal practices and ways to improve one's approach. 	Nurse Social Worker	Yes	1 hour
Hospice	Trauma Informed Care Why It Matters?	<ul style="list-style-type: none"> Define key terms related to trauma informed care in hospice and palliative care. Understand the prevalence and impact of trauma in the general population. Identify patients with underlying post-traumatic stress and what to do about it. Identify improved patient outcomes when incorporating trauma informed care in your organization. 	Nurse Social Worker	Yes	1 hour
Hospice	Understanding Family Dysfunction	<ul style="list-style-type: none"> Define "family dysfunction." Discuss the prevalence of family conflict in Palliative Care TDT responsibility to navigate dynamics to provide ideal patient care 	Nurse Social Worker	Yes	1 hour
Hospice	Nonpharmacological Interventions at End of Life	<ul style="list-style-type: none"> Describe the four major processes of pain. Review the four cornerstones of Holistic Pain Management List non-pharm interventions utilized in pain management. Describe considerations in assessing for pain 	Nurse Social Worker	Yes	1 hour
Specialized Care	Accommodating Dementia Behaviors: Understanding the Ground Rules	<ul style="list-style-type: none"> Understand the ground rules when working through dementia behaviors. Describe ten common dementia behaviors and their causes. Illustrate ways to manage common dementia behaviors. Recognize how dementia behaviors effect activities of daily living. 	Nurse Social Worker	Yes	1 hour

Bucket	Title	Objectives	Approval	CE	Time
Specialized Care	Acknowledging End-of-Life Decisions/Choices for Individuals with IDD, ASD, and Dementia	<ul style="list-style-type: none"> • Differentiate between intellectual disabilities and developmental disabilities. • Identify barriers to recognize end-of-life in persons with IDD. • Identify needs of adults with IDD < ASD and Dementia • Discuss tips for healthcare professionals in end-of-life discussions. • Recognize the importance of Advanced Care Planning with individuals with this population 	Nurse Social Worker	Yes	1 hour
Specialized Care	Dementia: Precious Gems to Uncover Clarity	<ul style="list-style-type: none"> • Define dementia and identify four types of dementia. • Identify risk factors for dementia. • Describe the GEMS Model. • Recognize the difference between a Care Giver and a Care Partner. • Explain Person Centered Care and be able to demonstrate Hand Under Hand technique 	Nurse Social Worker	Yes	1 hour
Specialized Care	Physiological and Psychological Considerations when Caring for Vietnam Veterans	<ul style="list-style-type: none"> • Discuss occupational hazards of the Vietnam War and resulting physiological effects. • Define the term “trauma” and the psychological effects on Vietnam veterans. • Identify strategies to care for Vietnam veterans 	Nurse Social Worker	Yes	1 hour
Specialized Care	Together we Walk: A Dementia Journey	<ul style="list-style-type: none"> • Define dementia. • Identify four types of dementia. • Explain the brain changes caused by dementia. • Demonstrate the benefits of hospice in the dementia patient and caregiver’s world 	Nurse Social Worker	Yes	1 hour
Specialized Care	Trauma Informed Care: Why it Matters	<ul style="list-style-type: none"> • Define key terms related to trauma informed care in hospice and palliative care. • Understand the prevalence and impact of trauma in the general population. • Identify patients with underlying post-traumatic stress and what to do about it. • Identify improved patient outcomes when incorporating trauma informed care in your organization. 	Nurse Social Worker	Yes	1 hour
Specialized Care	Peaceful & Proud: Personalized Care for Veterans	A powerful presentation of our services that are tailored to the unique needs of seriously ill veterans and their families.	Community	No	
Grief and Loss	Anticipatory Grief: Meeting the Needs of Hospice Patients and Families	<ul style="list-style-type: none"> • Define an overview of Grief and Loss before and after the death of a patient. • List impact of anticipatory grief from a dual perspective. • Identify three interventions that can be used by the transdisciplinary team to address anticipatory grief. 	Nurse Social Worker	Yes	1 hour
Grief and Loss	Grief in the Older Adult	<ul style="list-style-type: none"> • Identify losses associated with older adulthood. • Define characteristics of grief and loss in the elderly. • Identify factors influencing the grief process of the older adult. 	Nurse Social Worker	Yes	1 hour

Bucket	Title	Objectives	Approval	CE	Time
		<ul style="list-style-type: none"> Identify three strategies to support older adults who are grieving. 			
Grief and Loss	Grief in the Virtual World	<ul style="list-style-type: none"> Define social media, explore its influence on our culture. Describe how social media and online resources impact death in today's culture. Identify three uses of social medial and online resources to process grief. 	Nurse Social Worker	Yes	1 hour
Grief and Loss	Understanding Disenfranchised Grief	<ul style="list-style-type: none"> Define grief and loss. Identify Disenfranchised Grief, examples, and the impact on grief. List ways to support people experiencing Disenfranchised Grief. 	Nurse Social Worker	Yes	1 hour
Grief and Loss	When Grief Impacts the Workplace	<ul style="list-style-type: none"> Describe the impact and cost of grief and loss in the workplace. Define grief and loss. List ways to support grieving employees. Identify what to do when an employee dies. 	Nurse Social Worker	Yes	1 hour
Grief and Loss	Coping with Grief and Loss	An informative program about types of grief and loss, typical reactions due to death, the grief process, and how to help grieving friends and family members.	Community	No	
Palliative	Heart Failure: Palliative Care and End of Life Management	<ul style="list-style-type: none"> Identify three ways palliative care can assist with symptom management in heart failure. Identify three ways hospice care can assist with symptom management heart failure. Define heart failure eligibility for both palliative and hospice care. 	Nurse Social Worker	Yes	1 hour
Palliative	Hospice and Palliative Care: You have Options and Choices	<ul style="list-style-type: none"> Explain hospice philosophy, history, eligibility, and reimbursement. Discuss differences between palliative care and hospice care. Describe palliative care eligibility, models, and reimbursement. 	Nurse Social Worker	Yes	1 hour
Spiritual Care	Even a Compassionate Stickman Makes Sense without C-E-N-T-S	<ul style="list-style-type: none"> Identify the essential components of compassion. Identify the importance of using compassion as a means of saving money and actually increasing revenue. Describe the "Want-To's" is half of the "How-To" for providing compassionate care. 	Nurse Social Worker	Yes	1 hour
Spiritual Care	Holding Space: While Walking Each Other Home	Rev. Chuck Behrens, a Hospice Spiritual Care Coordinator will illustrate the powerful phenomena of "Holding Space" with a patient or their loved ones during their End of Life and dying process. These precious healing times of presence are more than 'just physically being there' moments that is never a spot or a designated, reserved area so much as a sincere willingness, an openness to sit with another through their pain, doubt, regrets, despair and hopelessness without judgment, bias, or compensation. This session	Nurse Social Worker	Yes	1 hour

Bucket	Title	Objectives	Approval	CE	Time
		will not only help define this significant intervention but also illustrate its effectiveness and identify the easy to apply components that lead to a more comforting, peaceful death.			
Spiritual Care	Holy Hell: Anger at God	<ul style="list-style-type: none"> Define Anger at End-of-Life as a Natural Consequence of Loss Identify the signs and symptoms of Anger in End-of-Life patients and caregivers. Bereavement in a Baggie: Describe appropriate interventions to help patients and caregivers deal with Anger. 	Nurse Social Worker	Yes	1 hour
Spiritual Care	Hope and Hospice: Holding onto Faith at the End of Life	<ul style="list-style-type: none"> Describe the historical perspective of race and the impact of perceived health care disparities on end-of-life care in the African American community. Identify factors influencing decision making for end-of-life care within the African American community. Examine the role of hospice and palliative care at the end of life for patients and families in the African American community. Explore ways to overcome objections and barriers to providing quality end of life care 	Nurse Social Worker	Yes	1 hour
Spiritual Care	Spirituality The Soil that Grows the Soul	<ul style="list-style-type: none"> Define spiritual pain and suffering and identify the significant difference. Discuss signs/symptoms of spiritual pain, especially identified in terminally ill patients. Identify how to provide self-care/spiritual-care and make it experiential 	Nurse Social Worker	Yes	1 hour
Spiritual Care	Spirituality: Tapping into your Inner Peace and Strength	Find hope, new meaning in life and ways to cope with adversity and disappointment.	Community	No	
Caregiver Support	Being a Caregiver: Steadfast or Stressed	Learn how planning ahead, using relaxation techniques and taking advantage of supportive services allow caregivers to experience the positive aspects of caregiving.	Community	No	
Caregiver Support	Caregiver Boot Camp	This interactive presentation offers practical, easy to incorporate, tips on self-care to caregivers.	Community	No	
Caregiver Support	Dreams Fulfilled: Creating and Achieving a Bucket List	You have heard the term "Bucket List," come learn how to create your own list and pursue your lifetime dreams one at a time.	Community	No	
Caregiver Support	Eldercare Resources Roundtable	Find solutions for families and caregivers with an aging parent or someone depending on them.	Community	No	
Caregiver Support	Have a Laugh: For the Health of It	In this program we will define the history of therapeutic humor, Identify the benefits of humor, and distinguish between appropriate and inappropriate uses of humor.	Community	No	
Caregiver Support	Impacts and Benefits of Pets	Explore how pets enhance our lives physically and mentally. Learn about service animals, specifically dogs, which are individually trained to perform tasks for the benefit of an individual with a disability, including a physical, sensory, psychiatric, intellectual, or other mental disability. Learn about the objective, roles, and goals of Pet Therapy Dogs; discuss how Pet Therapy	Community	No	

Bucket	Title	Objectives	Approval	CE	Time
		reduces stress for the recipient. Gain a better understanding in ways to memorialize your pet.			
Caregiver Support	Legacy Letters: Sharing the Story of You	Unlike legal wills that transfer material possessions, an ethical will bequeaths personal values, reflections, traditions, advice, and memories to loved ones.	Community	No	
Caregiver Support	Mindful or Mind Full? Daily Practice to Live in the Moment	In this program we will define what is mindfulness. We will help you to understand the benefits of mindfulness. You will be given techniques on how to incorporate mindfulness in everyday practices.	Community	No	
Caregiver Support	Practicing Self-Care and Self-Compassion	Self-Care and Self-Compassion are two important, but often overlooked skills that can enhance one's ability to provide ideal care. This presentation will provide resources on self-care and self-compassion, as well as the tools to enhance one's ability to recognize and practice self-care and self-compassion. <ul style="list-style-type: none"> • Define Compassion Fatigue, Self-Care & Self-Compassion • Differentiate between Self-Care and Self-Compassion • Identify ways to practice Self-Care. • Explore qualities of Self-Compassion. • Reflect on personal practices and ways to improve one's approach. 	Nurse Social Worker	Yes	
Caregiver Support	Questions are the Answer: Strategies for Making the Most of Your Doctor Visit	In the program you will learn the importance of being an active member of your healthcare team, identify ways to get organized for your doctor visits and what questions to ask to ensure the best possible outcome.	Community	No	
Caregiver Support	Resilience in an Everchanging World	Resilience is that quality that allows some people to be knocked down by life and come back stronger than ever. Rather than letting failure overcome them and drain their resolve, they find a way to rise from the ashes.	Community	No	
Caregiver Support	Visiting: the Art of Being Present	Ever wonder what to say and how to visit with someone who is seriously ill, experiencing memory loss or grieving the loss of a loved one? This presentation provides information on how to make your visit a positive and meaningful experience.	Community	No	
Caregiver Support	Volunteerism: Neighbors Helping Neighbors	Discusses the many benefits of being a volunteer while helping others in your community.	Community	No	
Caregiver Support	Wellness through the Senses and the Power of Meditation	In this presentation, we will help gain an understanding of the five senses, use practical advice regarding the five senses to provide a sense of wellbeing, and understand the impact of daily stressors and the ability to combat stressors through wellness methods.	Community	No	