

WESTERN RESERVE GRIEF SERVICES



About *grief*

A PUBLICATION OF
HOSPICE OF THE WESTERN RESERVE

SUMMER 2025

Healing Rhythms

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FROM THE EDITOR

As summer approaches, bringing longer days, warmer weather, and time spent outdoors, many find comfort in the season's simple pleasures. But for those who are grieving, these changes can also stir up difficult emotions—memories of time shared, or the absence felt more keenly during moments that once brought joy.

In this issue of About Grief, we offer reflections and resources to support you as you move through this season. Whether you're seeking quiet moments of rest or ways to stay connected to your loved one's memory, know that you are not alone. We are honored to walk with you.

Susan Hamme, LSW, CHP-SW
Director of Grief Services

shamme@hospicewr.org
440.596.3582

Support Groups

GENERAL GRIEF SUPPORT

Circle of Hope Series

A 4-week educational grief support group for adults **(In-Person)**

MONDAYS, JULY 14 - AUGUST 18
7 – 8:30 p.m.

Location:
The Centering Space, Lakewood
14812 Lake Ave., Lakewood 44107
Contact: Elisha Evanko
eevanko@hospicewr.org
440.414.1731

THURSDAYS, AUGUST 7 - 28
1 – 2 p.m.

Location: Ashtabula Office
Contact: Nick Peckham
npeckham@hospicewr.org
216.383.3782

Registration Deadline: August 1

Grief 101

This one-hour class is for those who have experienced the death of a loved one in the past six months. Learn about signs and symptoms of grief as well as helpful strategies. **(In-Person)**

WEDNESDAY, JULY 16
1 – 2 p.m.

Location: Ashtabula Office
Contact: Nick Peckham
npeckham@hospicewr.org
216.383.3782

Registration Deadline: July 10

Serenity Seekers Support Group

A 6-week support group for adults who have lost an adult loved one. **(In-Person)**

MAY 7, 14, 21; JUNE 4, 11, 18
5:30 – 7 p.m.

Location: Stein Hospice Main Office
Contact: Steve Boros
sboros@steinhospice.org
419.202.9020

**AUGUST 19, 26;
SEPTEMBER 2, 9, 16, 23**
4 – 5:30 p.m.

Location: Stein Hospice Main Office
Contact: Kathy Failor
kfailor@steinhospice.org
419.202.1234

Healing Hearts Support Group

A monthly support group for adults who have lost an adult loved one. **(In-Person)**

MAY 8, JUNE 12, JULY 10
10 – 11 a.m.
Location:
Aurora Senior Center
Aurora Community Room
129 W. Pioneer Trail, Aurora 44202

Contact: JoDee Coulter
jcoulter@hospicewr.org
330.662.4240

JUNE 5, JULY 10, AUGUST 7
10 – 11 a.m.

Location: Stein Hospice Main Office
Contact: Steve Boros
sboros@steinhospice.org
419.202.9020

Unless otherwise noted, our support groups are open to anyone who has had a loved one die. Groups are subject to change. All groups require advance registration, and the number of participants is limited. Virtual groups will be offered via Microsoft Teams. For more information or to register for a group, please call or email the facilitator listed for that group.

JUNE 12, JULY 17, AUGUST 14
4 – 5:30 p.m.

Location: First Presbyterian Church
21 Firelands Blvd., Norwalk 44857
Contact: Kathy Failor
kfailor@steinhospice.org
419.202.1234

JUNE 17, JULY 15, AUGUST 19
1 – 2:30 p.m.

Location:
Western Reserve Health Center
231 Seasons Rd., Hudson 44224

Contact: Betsy Fox
efox@steinhospice.org
216.414.1737

JUNE 18, JULY 16, AUGUST 20
10 – 11:30 a.m.

Location: Firelands Presbyterian Church
2626 E. Harbor Rd., Port Clinton 43452

Contact: Kathy Failor
kfailor@steinhospice.org
419.202.1234

Adult Grief Support Group

For anyone who has experienced the death of a loved one **(In-Person)**

SECOND THURSDAY OF EACH MONTH
6:30 – 7:30 p.m.

Location:
The Centering Space, Lakewood
14812 Lake Ave., Lakewood 44107

Contact: Elisha Evanko
eevanko@hospicewr.org
440.414.1731

Lunch with Friends

A social group for adults who have experienced the death of a loved one; participants pay for their own meals **(In-Person)**

JUNE 4, JULY 2, AUGUST 6
Noon – 1 p.m.

Location: Bob Evans
4800 US 250 N, Norwalk 44857

Contact: Kathy Failor
kfailor@steinhospice.org
419.202.1234

JUNE 18, JULY 16, AUGUST 20
Noon – 2 p.m.

Location: Sandusky Yacht Club
529 East Water St., Sandusky 44870

Contact: Steve Boros
sboros@steinhospice.org
419.202.9020

Grief in the Second Year

For anyone exploring the second year of grief, including why it can be more challenging and ways to cope **(In-Person)**

THURSDAY, JUNE 26
2:30 – 4 p.m.

Location:
Robertson Bereavement Center, Medina
Contact: JoDee Coulter
jcoulter@hospicewr.org
330.662.4240

SPOUSAL/PARTNER LOSS

Horizons

For adults in later life who have experienced the death of a spouse, partner or significant other. **(In-Person)**

SECOND THURSDAY OF EACH MONTH
10:30 a.m. – Noon

Location: Lakeshore Campus
Contact: Carrie Johnson
crjohnson@hospicewr.org
216.486.6331

Loss of Spouse/Partner Grief Support Group

For adults of any age who have experienced the death of a spouse, partner or significant other.

FIRST THURSDAY OF EACH MONTH
7 – 8 p.m.
(In-Person)

Location:
Avon Lake United Church of Christ
32801 Electric Blvd., Avon Lake 44012
Contact: Amy Boyd-Kirksey
aboyd-kirksey@hospicewr.org
216.383.3788

FIRST WEDNESDAY OF EACH MONTH
6 – 7:30 p.m.
(Virtual)

Contact: Vanessa Smylie
vsmylie@hospicewr.org
216.763.6441

Grief support groups provide:

A safe place to express emotions • A place to "tell your story" • Education about grief and loss
Normalization and validation of your grief experience • Opportunities to learn new roles, ways to problem-solve and cope with situations • New friendships • A chance to laugh

SECOND TUESDAY OF EACH MONTH

2 – 3:30 p.m.
(In-Person)

Location: West Campus

Contact: Carrie Johnson
crjohnson@hospicewr.org
216.486.6331

THIRD TUESDAY OF EACH MONTH

6 – 7:30 p.m.
(In-Person)

Location:
Robertson Bereavement Center

Contact: JoDee Coulter
jcoulter@hospicewr.org
330.662.4240

For Women Only:
Loss of Spouse/Partner
Grief Support Group
(In-Person)

SECOND THURSDAY OF EACH MONTH

2 – 3:30 p.m.
Location: West Campus

Contact: Emily Ross
eross@hospicewr.org
216.383.3765

For Men Only:
Loss of Spouse/Partner
Grief Support Group
(In-Person)

LAST THURSDAY OF EACH MONTH

2 – 3:30 p.m.
Location: West Campus

Contact: Emily Ross
eross@hospicewr.org
216.383.3765

PARENT LOSS

Gen-Z/Millennial Grief

A group for adults ages 23–40 grieving the death of a parent or parent figure.
(Virtual and In-Person)

SECOND WEDNESDAY OF EACH MONTH

6 – 7:30 p.m.

Location:

Cuyahoga County Public Library
South Euclid-Lyndhurst Branch
(Meeting Room B)
1876 South Green Rd., South Euclid,
44121

Contact: Lisa Florjancic
lflorjancic@hospicewr.org
440.853.5365

Parent Loss Group
(Virtual)

SECOND MONDAY OF EACH MONTH

6 – 7:30 p.m.

Contact: Betsy Fox
efox@hospicewr.org
440.414.1737

THIRD THURSDAY OF EACH MONTH

6 – 7:30 p.m.

Contact: Anne Huges
ahughes@hospicewr.org
216.383.3741

Young Adult Parental Loss
Group

A group for young adults ages 20–30 grieving the death of a parent or parent figure. (In-Person)

JUNE 19 AND JUNE 26

6 – 7 p.m.

Location: East Campus

Contact: Lisa Florjancic
lflorjancic@hospicewr.org
440.853.5365

Registration Deadline: June 16

CHILD LOSS

Parents Together

For parents who have experienced the death of an adult child.

(Both Virtual and In-Person)

SECOND TUESDAY OF EACH MONTH

6 – 7:30 p.m.

Location: Lakeshore Campus

Contact: Betsy Fox
efox@hospicewr.org
440.414.1737

SUPPORT THROUGH
MUSIC

Music for Relaxation

Relieve stress and enhance well-being with live music and breathwork. No musical or meditation experience needed. **Registration is required.**
(In-Person)

WEDNESDAY, JULY 16

10 – 11:30 a.m.

Location:

David Simpson Hospice House
Meditation Room

Contact: JoDee Coulter
jcoulter@hospicewr.org
330.662.4240

Healing Rhythms

Relieve stress and release tension using various drums and other rhythmic instruments. No musical experience needed. **Registration is required.**
(In-Person)

THIRD FRIDAY OF EACH MONTH

12:30 – 1:30 p.m.

Location:

HMC Hospice of Medina County

Contact: Elisha Evanko
eevanko@hospicewr.org
440.414.1731

ALTERNATIVE
GRIEF SUPPORT

Walking Through Grief

A group for adults of all levels of physical ability at various outdoor locations to walk together and enjoy the benefits of community, movement and the peace that nature provides.

SUNDAY JUNE 29

10:30 a.m. – 12:30 p.m.

Location:

North Chagrin Reservation
Buttermilk Falls Trailhead, Intersection of Buttermilk Falls Pkwy. & Metro Parks Ox Ln., Willoughby 44094

Metropark entrance from SOM Center Rd., onto Sunset Ln. Then, take a right onto Buttermilk Falls Pkwy & once you get to the intersection with Metro Parks Ox Ln., you will see parking & a trailhead area with Metropark signage.

SUNDAY, JULY 20

10:30 a.m. – 12:30 p.m.

Location:

Huntington Beach Reservation,
Lake Picnic Area
28492–28648 Lake Rd., Bay Village
44140

SUNDAY, AUGUST 17

10:30 a.m. – 12:30 p.m.

Location: West Creek Reservation
Skyline Overlook Trailhead
1969 W. Ridgewood Dr., Parma 44134

Locations are subject to change due to weather; participants with be notified of all changes via email.

Contact: Sarah McIntosh
smcintosh@hospicewr.org

The Practical Side Of Grief:
Cooking for One

An opportunity to learn and share tips and strategies to help navigate a new way of cooking.
(In-Person)

WEDNESDAY, JULY 16

6 – 7:30 p.m.

Location: Lakeshore Campus

TUESDAY, JULY 22

6 – 7:30 p.m.

Location: West Campus

Contact: Amy Boyd-Kirksey
aboyd-kirksey@hospicewr.org
216.383.3788

The Practical Side Of
Grief: Dealing With All The
"Stuff"

An opportunity to learn and share tips and strategies to help deal with a person's possessions following their death.
(In-Person)

WEDNESDAY, AUGUST 20

6 – 7:30 p.m.

Location: West Campus

WEDNESDAY, AUGUST 13

6 – 7:30 p.m.

Location: Lakeshore Campus

Contact: Amy Boyd-Kirksey
aboyd-kirksey@hospicewr.org
216.383.3788

MEETING LOCATIONS

**The Elisabeth Severance
Prentiss Bereavement Center**
300 East 185th Street
Cleveland, OH 44119–1330
216.486.6838

The Robertson Bereavement Center
5075 Windfall Road
Medina, OH 44256
330.725.1900

Ames Family Hospice House
30080 Hospice Way
Westlake, OH 44145–1077
440.414.7349 or 835.281.5727

Ashtabula Office
1166 Lake Avenue
Ashtabula, OH 44004–2930
440.997.6619

Ashland Office
1021 Dauch Drive
Ashland, OH 44805

**David Simpson Hospice House
and Lakeshore Campus**
300 East 185th Street
Cleveland, OH 44119–1330
216.383.2222 or 800.707.8922

East Campus
34900 Chardon Road, Suite 105
Willoughby Hills, OH 44094
440.951.8692

Headquarters
17876 St. Clair Avenue
Cleveland, OH 44110
216.383.2222 or 800.707.8922

Lorain County Office
2173 N. Ridge Road E., Suite H
Lorain, OH 44055–3400
440.787.2080

HMC Hospice Of Medina County
5075 Windfall Road
Medina, OH 44256
330.722.4771

Stein Hospice Main Office
1200 Sycamore Line
Sandusky, OH 44870
419.625.5269

West Campus
22730 Fairview Center Drive
Fairview Park, OH 44126

Healing Arts Workshops

SUMMER 2025

These workshops provide a creative outlet for people who are grieving and are open to the community. No art experience is needed. We offer both in person and virtual workshops.

Virtual:

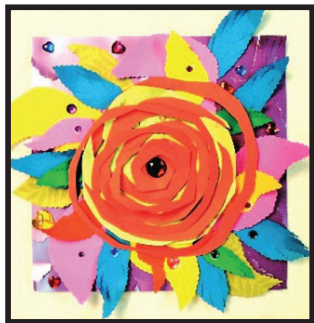
We use Microsoft Teams. If you register for the workshop, you are sent an email invitation with a link that you click on to join. Each workshop consists of two or four sessions a week apart. At the first session, a theme or topic is introduced with a discussion. You are given instructions on the art assignment plus the basic supplies you will need for your project. The supplies, which are new, are shipped and are yours to keep. Complete your art assignment during the week, and at the second session, share and talk about your art.

In Person:

If the workshop is only one session, we have an open discussion about grief and use art as a creative outlet.

There is a suggested \$5 donation for supplies. You may donate in person or donate to the Healing Arts Program by going to hospicewr.org and click on **Donate**. Where it asks how you would like to specify your gift, please choose Bereavement Services, which includes the Healing Arts Program.

ART FOR RELAXATION:
KIRIGAMI



Kirigami is a variation on Origami, the Japanese art of paper-folding. Paper is cut, folded, manipulated, and curled in different ways resulting in a 3-D paper sculpture. It looks complicated but is simple to make. The focus will be on the creative process.

In-Person

Tuesday, July 15
6:30 – 8:30 p.m.

Location: West Campus

Virtual

Both Wednesdays, July 16 and 23
6 – 7:30 p.m.

In-Person

Thursday, July 10
6:30 – 8 p.m.

Location: Elisabeth Severance Prentiss
Bereavement Center

PET GRIEF:
PEBBLE STORIES



When our pets die, they leave us with many memories and stories about their antics, don't they? At this workshop, create simple scenes with pebbles that illustrate a story about your beloved companion animal(s).

In-Person

Tuesday, August 5
6:30 – 8:30 p.m.

Location: Elisabeth Severance Prentiss
Bereavement Center

FABRIC AND FEELINGS



A monthly group where participants gather with others who are grieving and create all things fabric, sharing both their grief experiences and fabric arts knowledge with each other. Attendees can create lasting memories of their loved one using pieces of their clothing or make pillows, quilts, crochet, knit, etc. *No sewing expertise necessary.*

In-Person

Third Thursday of each month
2 – 4 p.m.

Location: Elisabeth Severance Prentiss
Bereavement Center

NATURE PRINTS



Our loved ones left lasting imprints on our lives. At this workshop, participants will make prints using leaves, flowers, ornamental grasses and other natural items. Please bring some items from your own or your loved one's garden.

In-Person

Thursday, August 14
6:30 – 8:30 p.m.

Location: Elisabeth Severance Prentiss
Bereavement Center

Virtual

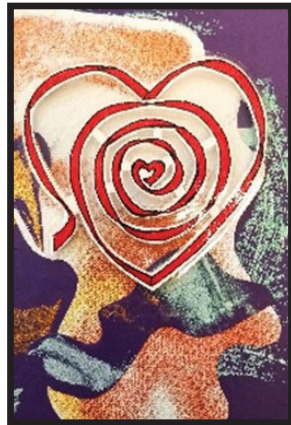
Both Wednesdays, August 13 and 20
6 – 7:30 p.m.

In-Person

Tuesday, August 19
6:30 – 8:30 p.m.

Location: West Campus

OPEN HEART ART
STUDIO



Do you enjoy working with a variety of art media? Do you like a challenge to work spontaneously? A four-week open art studio and educational support group for adults who have experienced the death of a loved one.

In-Person

Six consecutive Wednesdays:
April 16, 23, and 30; May 7, 14 and 21.
10 – 11:30 a.m.

Location: Elisabeth Severance Prentiss
Bereavement Center

SAVE THE DATE!
SALTSCAPES



The death of a loved one changes us forever, just as a watercolor painting can be changed by scattering salt on it when still wet. The salt absorbs the water and the pigment, while also pushing them away, creating interesting textures. Add a poem or saying that reminds you of your loved one.

In-Person

Both Thursdays,
September 11 and 18
6:30 – 8:00 p.m.

Location: Elisabeth Severance Prentiss
Bereavement Center

Virtual

Both Wednesdays,
September 10 and 17
6 – 7:30 p.m.

In-Person

BOTH Tuesdays,
September 16 and 23
6:30 – 8:00 p.m.

Location: West Campus

Call Mollie Borgione at 216.486.6544 or email mborgione@hospicewr.org to register no later than two weeks in advance of a virtual workshop start date or one week in advance of an in-person workshop start date.



300 East 185th Street
Cleveland, OH 44119-1330

Serving the Northern Ohio counties
of Ashland, Ashtabula, Cuyahoga,
Erie, Geauga, Huron, Knox, Lake,
Lorain, Medina, Ottawa, Portage,
Richland, Sandusky, Seneca,
Stark, Summit and Wayne.

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If you do not speak English, language assistance services, free of charge, are available to you. Call 216.383.6688.

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Western Reserve Grief Services is a community-based grief support program that provides services throughout Northern Ohio. We offer support to anyone who has experienced a loss due to death.

Looking for a summer camp to support a grieving child? Consider our **Together We Can** bereavement day camps for children who have experienced a loved one's death.

Campers will share stories, laugh together, shed some tears and celebrate the life of their special person.

CampHOPE
Perrysville, Ohio



**Camp
Good Grief**
Huron, Ohio
Bellevue, Ohio



Red Oak Camp
Willoughby, Ohio



Riding Through Grief
Chagrin Falls, Ohio



For more information or to receive a registration packet, visit hospicewr.org/griefcamps
email thebereavementcenter@hospicewr.org or call **216.486.6838**. *Scholarships are available.*