Frequently Asked Questions

Can I continue to receive curative treatments?
Yes, you may receive palliative care and curative care at the same time.

Where are services provided?
At your home, assisted living, nursing facility, or in the hospital.

Who can receive palliative care?
Anyone with a serious illness, regardless of life expectancy can receive palliative care.

Will my palliative care nurse work with my physician?
Yes, our Nurse Practitioner will work with your physician to put together a plan of care that will best meet your needs.

How do I pay for this service?
Most commercial insurance plans, as well as Medicare and Medicaid, cover palliative care. Your commercial insurance may require a copay. Contact a palliative care team member if cost or benefit coverage is a concern.
Your **Partner** When Dealing with a Serious Illness

**PALLIATIVE CARE MAY BE RIGHT** for you if you suffer from pain, stress or other symptoms due to a serious illness. Some of these illnesses include:

- Cancer
- Heart Failure
- COPD
- Amyotrophic Lateral Sclerosis (ALS)
- End-stage Renal Disease
- Stroke
- AIDS
- Dementia (at any stage), Parkinson's, Alzheimer's and other neurological disorders

You can receive palliative care at any age. The goal of palliative care is to provide comfort and allow you to live as well as you can, every day. Palliative care patients have fewer hospital re-admissions and fewer trips to the ER. If they are admitted to the hospital, they stay for a shorter period of time. This lowers patient and family stress as well as costs.

**What to expect from our circle of care**

- You do not have to leave your home or nursing facility—we come to you.
- A Home Reality Assessment will give your primary care physician a **better understanding of how your illness affects your lifestyle**. Your doctor becomes our partner in care.
- A Nurse Practitioner will **oversee your care** and you will have 24/7 telephone access to nursing staff.
- Your care plan will complement your ongoing treatment and care you are already receiving. **We care for the whole you.**
- As your healthcare advocate, **we communicate with your insurance company** and/or VA about benefits.
- You and your loved ones will be paired with **trained volunteers** who can offer respite, social, spiritual and practical support.
- Your Social Worker can help with **access to community resources**, advance care planning, caregiver support and more.
- Patients and families find that our services help **ease anxiety**, depression and other intense emotions.

**Are You Ready to Ask about Palliative Care?**

If you answer "yes" to one or more of these questions, palliative care may be right for you:

- Are you suffering from a serious illness that is **causing pain** or sleeplessness?
- Has serious illness led to **frequent hospitalizations**?
- Have you wondered if there are other **treatment plans** available to control your symptoms?

The following are examples of symptoms we can help with:

- Nausea
- Vomiting
- Depression or sadness
- Constipation
- Fatigue
- Shortness of breath

**Are painful symptoms keeping you from leading a full life? We can help.**

Palliative care aims to improve the quality of life for people with any serious illness.

**Call 800.707.8922**