Bereavement Support Groups

Unless otherwise noted, our support groups are open to anyone who has had a loved one die. Groups are subject to change. Please call to verify time and location.

Adult Support Groups

Hope & Healing

MONTHLY An ongoing monthly support group for grieving adults. Registration is not required. Please call facilitator for more information.

Lakeshore Campus
Third Tuesday of the month
6 to 7:30 p.m.
April Ratcliffe 216.383.3782

The Robertson Bereavement Center
Second Tuesday of the month
3 to 4 p.m.
JoDee Coulter 330.662.4240

East Side
Mentor Public Library
8215 Mentor Avenue, Mentor
First Tuesday of the month
10 to 11 a.m.
Lisa Florjancic 440.853.5365

Portage County
United Church of Christ
1400 E. Main Street, Kent
Second Tuesday of the month
1 to 2:30 p.m.
Margaret Bossaller 330.241.6282 or mbossaller@hospicewr.org

Parent Loss

MONTHLY A support group for adults adjusting to life after the death of one or both parents.

West Campus
Second Tuesday of the month
6:30 to 8 p.m.
Judy Beckman 440.414.1731

Hopeful Hearts

MONTHLY A support group for anyone age 60 and over who has experienced the death of someone special in the past two years

Avon Lake
Holy Spirit Parish Center
410 Lear Road, Avon Lake
Fourth Tuesday of the month
1 to 2:30 p.m.
Mary Ellen Jordan 440.416.1737

Seniors
For seniors who have experienced a loss
Please call for date and time

Lakewood Senior Center
16024 Madison Avenue, Lakewood
Judy Beckman 440.416.1737

Yoga Matters

Designed for caregivers & bereaved

ONGOING Give yourself the gift of time and attention. Practicing yoga helps you tune into yourself and take care of your physical, emotional and spiritual needs. Classes held at Hospice of the Western Reserve Lakeshore Campus.

Wednesdays, 5:30 to 6:45 p.m.
Fee: $40/month or $12 Drop-in (sliding scale fee available)
Please call 216.486.6838.
Child Loss
MONTHLY
A support group for parents who have experienced the death of a child age 18 or younger. Please join us for an opportunity to focus on your grief, find support and feel community with those who have experienced a similar loss. Please call to register.

West Campus
First Wednesday of the month
6 to 7:30 p.m.
Elizabeth Mason 440.414.6781 or emason@hospicewr.org

Partner/Spousal Loss Groups

Monthly support groups for adults who have experienced the death of a spouse, partner or significant other. Groups are open-ended and ongoing. Registration is not required.

New Beginnings
MONTHLY
For adults in middle life

West Campus
Second Wednesday of the month
6:30 to 8 p.m.
Mary Ellen Jordan 440.414.1737

New Journey
MONTHLY
For adults of any age

Ashtabula Office
First Thursday of the month
11 a.m. to 12:30 p.m.
Susan Hamme 440.596.3582

The Elisabeth Severance Prentiss Bereavement Center
Fourth Thursday of the month
10 to 11:30 a.m.
Kathryn Harrison Brown 216.486.6331

Horizons
MONTHLY
For adults in late life

Mayfield Village Baptist Church
6500 Highland Road, Mayfield
Second Tuesday of the month
1 to 2:30 p.m.
Kathryn Harrison Brown 216.486.6331

Women’s Workshop
A periodic workshop for women who have lost their partner, significant other or spouse. Please call for date and to register.

Panera Bread
19705 Center Ridge Road, Rocky River
6 to 8 p.m.
Judy Beckman 440.414.1731

Healing the Heart
Grief after an overdose death
Please call to register.

East Campus
First Tuesday of the month
6 to 7:30 p.m.
Shawn Eigenbrode 216.486.6364 or seigenbrode@hospicewr.org

Grief 101
This one-hour class is for those who have experienced the death of a loved one in the past six months. Learn about signs and symptoms of grief as well as helpful strategies. Registration is required.

East Campus
Thursday, April 16
5 to 6 p.m.
Register by April 9
Lisa Florjancic 440.853.5364

Who Am I?
Grief challenges us to take a new look at our roles in life. In this series, you will rediscover personal interests, explore new opportunities and identify support systems and tools to help you through the next part of your journey. Come brainstorm, share and discover new ideas and resources with the group. There will be independent assignments most weeks. Registration required. Please call to determine if this group is right for you.

Ashtabula Office
Wednesdays, March 18 – April 15
11 a.m. to 12:30 p.m.
Susan Hamme 440.596.3582

The Robertson Bereavement Center
Tuesdays, April 7- April 28
6:30 to 8 p.m.
JoDee Coulter 330.662.4240

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Mother’s Day Tea
For those who have experienced the death of their mother or mother figure, please join us for a Mother’s Day Tea where we will honor the memory of those relationships.

HWR Headquarters
Saturday, May 2
11:30 a.m. to 1:30 p.m.
Register by April 24
Healing Arts Workshops  SPRING 2020

Healing Arts Workshops provide grieving people with a creative outlet for their grief and are open to the community. No art experience is necessary. Please call Mollie Borgione at 216.486.6544 or email her at mborgione@hospicewr.org to register no later than four days in advance of workshop date. Suggested $5 donation for supplies.

ART FOR RELAXATION: BEAD MAKING
Making beads can be very relaxing! At this workshop, you can make beads from magazines, paper or fabric. In addition to the ones you make, there will also be others that you can use to make a necklace, bracelet or rearview mirror hanger to remind you of your loved one.

The Elisabeth Severance Prentiss Bereavement Center
Thursday, March 12
6:30 to 8:30 p.m.

West Campus
Tuesday, March 17
6:30 to 8:30 p.m.

Christ Episcopal Church
3445 Warrensville Center Rd.,
Shaker Heights
Wednesday, March 25
6 to 8 p.m.
Please note the time.

BIRDS OF A FEATHER
Across cultures, birds have long been associated with life and death. Many people say that certain birds appear to them over and over after their loved one has died, which is a comfort to them. At this workshop, paint and decorate a bird house in memory of your loved one and that special bird.

The Elisabeth Severance Prentiss Bereavement Center
Thursday, April 16
6:30 to 8:30 p.m.

West Campus
Tuesday, April 21
6:30 to 8:30 p.m.

Christ Episcopal Church
3445 Warrensville Center Rd.,
Shaker Heights
Wednesday, April 22
6 to 8 p.m.
Please note the time.

ART FOR RELAXATION: THE SPIRIT OF A WILDFLOWER
Wildflowers are known for their hardiness, adaptability and resilience. They can represent our inner selves as we try to find the strength to readjust and even grow through the grief of a loved one’s death. Bring a photo of a flower or use one of ours to paint the flower that best represents your inner spirit.

Christ Episcopal Church
3445 Warrensville Center Rd.,
Shaker Heights
Wednesday, May 13
6 to 8 p.m.
Please note the time.

KIDS ART: STRING ART
The images above show what can happen by pulling a paint-laden string through a folded piece of paper! The pages can be used to make a book of memories of your loved one. Ages 6+. Kids are invited to bring family members along for this workshop. Light refreshments provided.

West Campus
Tuesday, April 28
6:30 to 8:30 p.m.

The Elisabeth Severance Prentiss Bereavement Center
Tuesday, May 12
6:30 to 8:30 p.m.

FABRIC AND FEELINGS WEEKLY
A group where participants use fabric techniques such as quilting (sometimes involving clothing from loved ones) or photo transfer to create quilts, pillows, dolls and other types of lasting memories. Sewing expertise is not necessary.

The Elisabeth Severance Prentiss Bereavement Center
Thursdays, 2 to 4 p.m.

SAVE THE DATE

GIVING HAND, GRATEFUL HAND
Our hands give and receive. Our hands cared for our loved ones and received back their love and gratitude. Make an actual air-dry clay tracing of your own hands and paint them to represent what you give and what you receive.

Christ Episcopal Church
3445 Warrensville Center Rd.,
Shaker Heights
Wednesday, June 10
6 to 8 p.m.
Please note the time.

West Campus
Tuesday, June 16
6:30 to 8:30 p.m.

The Elisabeth Severance Prentiss Bereavement Center
Thursday, June 18
6:30 to 8:30 p.m.
Looking for a summer camp to support a grieving child? Consider Together We Can – a bereavement day camp for children ages 6 – 13 who have experienced the death of a loved one. Campers share stories, laugh together, shed some tears and celebrate the life of their special person.

Five-day

Riding Through Grief
Fieldstone Farm
16497 Snyder Rd, Chagrin Falls
June 22 – 26, 9:00 a.m. – noon

This camp is offered in collaboration with Fieldstone Farm Therapeutic Riding Center and is for children ages 8–12 who have experienced the death of a loved one. Through riding and working with horses, campers explore grief issues supported by trained counselors.

Three-day

Red Oak
Red Oak Camp
9057 Kirtland Chardon Rd., Willoughby
August 4 – 6, 9 a.m. to 3 p.m.

A three-day bereavement day camp for children ages 6–13 who have experienced the death of a loved one. Transportation available from two locations.

For more information and to register, visit hospicewr.org/camps or call 216.486.6838.